

RATES YOGA SHANTI HOME

Your Home During the Program

Shared Room

A simple, warm space to enjoy the gentle energy of community.

→ **€790 / per person**

Private Double Room · Shared Bathroom

The comfort of your own private nest, with the spirit of the house shared.

→ **€890 / per person**

Private Double Room · Private Bathroom

A sanctuary just for you — calm, intimate, and bright.

→ **€990 / per person**

Private Double Room · Shared Bathroom (for 2)

A cozy haven for two, balancing comfort and simplicity.

→ **€1,490 / per duo**

Private Double Room · Private Bathroom (for 2)

An intimate pause, your own personal space, with complete privacy.

→ **€1,720 / per duo**

What's Included

- **Yoga & Meditation** – 10 full sessions (Vinyasa, Yin, Bhakti, Karma), 5 sound therapies
- **Breath & Cacao** – 2 Breathwork sessions, 2 cacao ceremonies
- **Expression & Fun** – Voice activation, Kirtan (mantra chanting), Laughter Yoga, dance
- **Nature & Exploration** – Scenic walks and countryside adventures
- **Free Time** – Reading, slackline, journaling, painting, tennis, or simply relaxing in nature

Accommodation & Meals

- **Stay in the renovated stables of the Château**
- **Cozy living room, bright yoga studio & peaceful garden**
- **Wholesome vegetarian meals** – fresh, organic, seasonal & locally sourced
- **Yoga mats, blankets & meditation cushions provided**